# W10 Application Activity Template: COPE Evaluation

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## Overview

It is important to evaluate information sources using a method called the [COPE method.](https://libguides.byui.edu/ge103/evaluate)

* **C**ontent
* **O**bjective
* **P**urpose
* **E**ase

In this activity, you will find a full-text article or book and do a quick evaluation of it.

## Step 1

If you are enrolled in a BYU-Idaho degree program, go [McKay Library website](http://library.byui.edu/). If you are enrolled in an Ensign College degree program, go to the [Ensign College Library website](https://library.ensign.edu/).

## Step 2

Think of a topic that interests you. In the search box at the top of the page, enter a search term using a combination of two or more words related to your topic. You may alternately create your own search terms. Either way, use the [Boolean search parameters](https://libguides.byui.edu/GE103/search) AND, OR, and NOT to clarify your search. Click the search button.

Answer the following questions using complete sentences.

*What topic did you choose?*

Mental health Policies, laws and attitudes

*What was your search term?*

*Mental*

## Step 3

* You may be required to sign-in after you click the search button. If you are not signed-in, be sure to do it so you can see more results, particularly those with full text. If you are having trouble signing-in, you may not be in the right library. Check the other library website linked above.
* On the results screen, find ways to filter your results. Experiment with those as desired.
* For each result in the results list, you should see an indication if a book or article is full-text. This usually looks like a link with the words “Full Text” in it. Open a full-text article or book that interests you by clicking on the “Full Text” link.
* Quickly scan the article or book and apply the [COPE](https://libguides.byui.edu/ge103/evaluate) method. Answer the following questions using complete sentences.

*What is the name of the article you chose?*

Mental health of Burton, Howard

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| --- | --- |
| **C** | What makes the content **C**redible?  His clear and practical approach to addressing issues related to mental health. |
| **O** | Is the content **O**bjective (meaning is it unbiased, not persuasive)? Why or why not?  Of course, the book provides practical strategies and tools that readers can apply in their everyday lives to improve their mental health |
| **P** | What would you say is the author’s **P**urpose or **P**oint?  The book is intended to provide information and guidance for maintaining good mental health. |
| **E** | How **E**asy is it for you to navigate the article or book? Explain your answer  It was easy because I like topics related to mental health, it's something that I focus on to perform better in all areas.  How Easy is it to read and understand? Explain your answer  Some time ago with a great church leader, I learned 2 important terms.  1. What is it?  2. How do you help us?  Understanding and comprehending is fundamental to personal progress. |

## Step 4

**Save** this document with your name in the filename, and follow the instructions in your course to submit it for grading and feedback.